



HOME AND COMMUNITY-BASED SERVICES

Home and Community-Based Services (HCBS) represent a person-centered approach to care, delivered right in the comfort of your home and community. The comprehensive range of health and human services is tailored to meet your unique needs, ensuring that you can enjoy the highest quality of life.

HCBS programs are purposefully designed to cater to individuals dealing with functional limitations. Whether you need assistance with everyday activities like dressing and bathing or other essential services, you are covered. The primary objective is to facilitate aging in place, preserving your cherished independence while also preserving your financial resources.

OUTREACH COORDINATORS

Outreach is the extension of services or activities beyond the current or usual limits, including a variety of intervention activities designed to reach and identify targeted groups of older individuals (60 years and older) and adults with disabilities; making one-to-one contact to assess their service needs, to inform and encourage their use of available resources, and make appropriate referrals.

INFORMATION AND REFERRAL/ ASSISTANCE

Information and Referral/Assistance is a service designed to support individuals and caregivers in assessing their needs, identifying the most appropriate services, and connecting individuals with the agencies providing the services. Services are provided by phone and in-person. Information and Referral/Assistance also conducts outreach to increase awareness of and accessibility to the program.

HOMEMAKER SERVICES

Homemaker Services assist older adults and adults with disabilities in their homes through the In-Home Services Program. This program offers individuals the option of having homemakers perform housekeeping tasks that they can no longer do or need assistance doing. Homemakers perform routine household tasks such as cooking, cleaning, mending, grocery shopping, laundry, bathing, oral hygiene assistance, and dressing. They also assist with consumer and safety education. These services are provided at no cost to the individual. However, contributions are solicited from participants to help expand the availability of the service.

TRANSPORTATION

Transportation Services are provided for eligible older adults and adults with disabilities to and from community resources to obtain needed services or goods. Transportation is an essential part of the community infrastructure that individuals need to access the goods and services that support their day-to-day needs and quality of life.

To find out more information about receiving these services, please contact your local Area Agency on Aging (AAA) to receive assistance.

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP)

NFCSP provides time for the regular or primary caregiver (spouse, child, relative) of an ill, frail, infirmed, or functionally impaired older individual, adult with a disability, or dementia who requires consistent or daily in-home care.

CASE MANAGEMENT

Case Management is a central hub for providing health and social services to older and disabled individuals. It is the mechanism used to coordinate and monitor services available for individuals that provides continuity of care and avoids costly duplication of services. Ideally, Case Management provides a comprehensive assessment that helps determine an individual's need for services and coordinates those services to facilitate attainment of an individual's goals and objectives.

SENIOR CENTERS

Senior Centers are focal points in the community where individuals come together for a broad spectrum of educational and recreational services, programs, and activities. Senior Centers are facilities where older adults, 60 years of age and older, socialize, develop skills, engage in activities, and learn new roles that enhances their dignity, supports their independence, and encourages their involvement in and with the community.

ADULT DAY CARE

Adult Day Care is a place for older adults and individuals with disabilities or impairments to go during the day for recreational activities, personal care supervision, nourishment, limited health care, and the opportunity to interact socially with others in group or individual activities.

LEGAL ASSISTANCE

Legal Assistance provides older adults and adults with disabilities with legal advice, consultation, or representation. Legal assistance may be provided by lawyers or paralegals who have agreed to provide services to the state's older adults. Many of the services are available without charge from the legal services program.

To find out more information about receiving these services, please contact your local Area Agency on Aging (AAA) to receive assistance.

SCAN HERE

To find the program(s) that best meets your needs, please scan the QR code or visit www.mdhs.ms.gov/aging

