

**Mississippi Department Human Services
Division of Youth Services**

Asthma Management Flow Sheet

Student Name: _____ DOB: _____ Living Unit: _____

Does the Student have: Spacer? _____ Personal best peak flow? _____ Date measured: _____

Date of Encounter						
Encounter Type: R= Routine, O= Office Visit, ER= Emergency Room, H= Hospitalization						
NAEPP Severity Level: I= Mild Intermittent, P Mild= Mild Persistent, P Mod= Moderate Persistent, P Sev= Severe Persistent						
Peak Flow:						
Medications: Fill in medication/dose: RX = Prescribed C = Continued, D = Dose Change D/C = Discontinued						
* Short-acting beta-agonist:						
* Inhaled Corticosteroid:						
* Cromolyn/Nedocromil:						
* Leukotriene modifier:						
* Long-acting beta-agonist:						
* Methylxanthine:						
* Systemic corticosteroid:						
* Other:						
Influenza vaccine administered:						
Asthma action plan reviewed with student:						

NAEPP Severity Level Classifications:

Level	Symptoms	Clinical Features before Treatment Nighttime symptoms	Lung Function
Step 1 Mild Intermittent	<ul style="list-style-type: none"> ➢ Symptoms 2 times a week ➢ Asymptomatic and normal PEF between exacerbations 	<p>> 2 times a month</p>	<ul style="list-style-type: none"> ▪ FEV₁ or PEF > 80% Predicted ▪ PEF variability < 20%
Step 2 Mild Persistent	<ul style="list-style-type: none"> ➢ Symptoms > 2 times a week but > 1 time a day, exacerbations may affect activity 	<p>> 2 times a month</p>	<ul style="list-style-type: none"> ▪ FEV₁ or PEF > 60% Predicted ▪ PEF variability < 30%
Step 3 Moderate Persistent	<ul style="list-style-type: none"> ➢ Daily symptoms ➢ Daily use of inhaled short-acting beta agonist ➢ Exacerbations affect activity ➢ Exacerbations > 2 times a week; may last days 	<p>> 1 time a week</p>	<ul style="list-style-type: none"> ▪ FEV₁ or PEF > 60% - <80% Predicted ▪ PEF variability < 30%
Step 4 Severe Persistent	<ul style="list-style-type: none"> ➢ Continual symptoms ➢ Limited physical activity ➢ Frequent exacerbations 	<p>Frequent</p>	<ul style="list-style-type: none"> ▪ FEV₁ or PEF < 60% Predicted ▪ PEF variability > 30%