MISSISSIPPI DEPARTMENT OF HUMAN SERVICES DIVISION OF YOUTH SERVICES OAKLEY YOUTH DEVELOPMENT CENTER

OAREET TOUTH DEVELOPMENT CENTER			
Subject: Female Health Care	Policy Number: 21		
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Attachments None	Related Standards & References ACA Juvenile Health Care Performance Based Standards 2009: 4-JCF-4C-19		
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I. POLICY

It is the policy of the Mississippi Department of Human Services, Division of Youth Services, to provide obstetrical, gynecological, and health education services, as well as comprehensive health maintenance for all female youth. (4-JCF-4C-19) Health care encounters, examinations and procedures shall be conducted in a clinical setting that respects the youth's privacy. Additionally, pregnancy management shall be specific as it relates to the following:

- Pregnancy testing
- Routine and High-risk prenatal care
- Management of the chemically addicted pregnant youth
- Comprehensive counseling and assistance
- Appropriate nutrition; and
- Postpartum follow-up care

II. **DEFINITIONS**

As used in this policy and procedure, the following definitions apply:

None

III. PROCEDURE

A. Health Assessment

- 1. All female youth shall receive an intake health screen, assessment and medical exam when admitted. Refer to policy XI.15, Admission Health Screening and policy XI.16, Health Care Appraisal and Examination.
 - a. All female youth shall, after negative urine pregnancy test is documented, have a delousing treatment during the shower that all students take while in the intake unit

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- i. Lindane, or equivalent shall be given to the student to shampoo their hair and to be used as a "body wash" after a general cleansing agent (soap) is used.
- ii. The water is then to be turned off and a waiting period of 3-5 (three to five) minutes, but never greater than 10 (ten) shall be undertaken so that maximum effectiveness of medication can be reached
- iii. The water is to be turned back on and the student instructed to rinse both their hair and body surfaces well.
- b. The exception to this rule will be a student that has a history of asthma, the nursing staff will be responsible to notify intake personnel of these cases.
- 2. All female health care appraisal and examinations shall also include:
 - Pelvic exam, when clinically indicated
 - Pap smear, when clinically indicated
 - Laboratory tests, as ordered by the health care practioners, to detect sexually transmitted diseases. (STDs)
 - A urine pregnancy test upon arrival, seven (7) days after admission and the day of parole.
- 3. A board-certified Obstetrician shall be contracted to provide appropriate pre, peri and post-partum services.

B. Health Education

The Director of Medical Services shall develop an ongoing Health Education Program to ensure that female youth receive information to include by not limited to the following areas:

- Family Planning
- Hormonal development
- Menstrual cycle
- The effect of alcohol and other drugs on the unborn
- Pre-natal and post-partum education and counseling

Refer to policy XI.22, Health Education and Prevention.

- C. Pregnant youth shall be offered access to comprehensive services in regard to pregnancy options. These options shall be reflective of community standards. These options shall include:
 - Prenatal care
 - Participation in placement planning of the unborn child
 - Counseling and educational materials on raising the child
 - Pre-natal evaluation and counseling by the community Obstetrician

If the pregnant youth voices a desire to terminate her pregnancy the Facility Administrator shall be notified.

D. The Director of Medical Services shall revise this policy as necessary.