I. POLICY

It is the policy of the Mississippi Department of Human Services, Division of Youth Services, to promote the provision of health education and wellness information to all youth for the development of sound habits regarding personal hygiene, and safe, healthy choices. (4-JCF-4C-27)

II. DEFINITIONS

As used in this policy and procedure, the following definitions apply:

None

III. PROCEDURE

A. The health education/wellness program shall reflect identified juvenile health education needs. Health education/wellness topics shall address at a minimum the following: (4-JCF-4C-27)

- Access to health care services
- Personal hygiene and grooming
- Dental care
- Substance abuse
- Self-examinations
- Self care for chronic conditions
- Adolescent nutrition
- Prevention of communicable diseases (to include education on Tuberculosis, Hepatitis A, B and C, HIV/AIDS, and other sexually transmitted diseases)
- Additionally, each program shall include disease-specific education, education related to medications, and any unique health-related issues that arise in a particular setting
- Pregnancy and childbirth

B. Each health care topic shall have a curriculum outlining the teaching methods, content, and participant documentation requirements.

1. Methods of instruction may vary, based on the age of the youth, their individual experience, educational level, and personal motivation. Methods of training may include group discussion, self-directed activities, pamphlets and printed materials and presentation of DVDs.

2. Documentation of all health education training presented by the medical department staff shall be maintained.
   a. If the health education is provided during an individual encounter with licensed healthcare personnel (for example, the youth is given instructions by a Physician/Dentist/Psychiatrist regarding medication, health teaching which is provided to youth with special health needs, or a youth is given instructions regarding symptoms to report) then the health care personnel shall document in narrative format in the youth’s health record, Interdisciplinary Progress Notes form XI.8.A.
   b. If group health education classes are provided on-site, the Teaching Learning Flow Sheet form XI.22.A shall be utilized.
   c. Form XI.22.A- Teaching Learning Flow sheet shall be maintained on each youth, shall contain each educational offering that the student has participated in and shall be maintained in the health record under the miscellaneous tab.

C. The Director of Medical Services shall revise this policy as necessary.