

BEHAVIOR MODIFICATION UNIT (BMU) ORIENTATION FORM

Name of Youth: _____ **Date Completed:** _____

The Behavior Modification Unit is a part of the Special Management Units (SMUs) at Oakley Youth Development Center. The BMU is a unit for youths who struggle with anger, aggression, and behavior management. The program is structured to assist you with these issues. This unit is segregated from the general population, but is not a lock down unit.

While in the BMU program, you will not be allowed to earn time toward early release as outlined in the *Length of Stay* policy.

Youth will stay in the program until they finish. Youth's stay in the BMU is individualized depending on his progress. Youths in BMU work on:

- Anger Management (How to deal with angry feelings)
- Impulse control (How to be in control of yourself)
- Social Skills (How to get along with others)

When you are transferred to the BMU, you will be oriented to the rules and guidelines of the BMU. You will also meet with your counselor to discuss your individualized Behavior Modification Plan. This plan will be developed to concentrate on the behaviors that you need to change to be transferred out of BMU back to a regular housing unit. Some items on your Behavior Modification Plan might be:

- Go to school and do your work
- Show respect to staff
- Use appropriate language
- Refrain from fighting
- Participate in group sessions without disruption
- Listening to a staff member without interrupting

The staff will help you work through the program and complete your Behavior Modification Plans. Staff in the unit will watch each youth and make note of whether or not you are meeting the behavioral expectations of the Behavior Modification Plan. If you meet your behavioral expectations listed on your Behavior Modification Plan, you will receive the reward listed.

You will meet with staff daily to assess your progress toward your behavioral expectations on your Behavior Modification Plans.

In addition to meeting objectives on your Behavior Modification Plan, you will carry a Praise Report with you throughout the day. The JCWs, teachers, recreation staff, counselor and other staff will use this form to document your exceptional positive behaviors. This will then be used to help determine your readiness to move to a less restrictive housing unit.

To be transferred from BMU you must:

- Have met your behavioral expectations of your Behavior Modification Plan as specified in the plan
- Make an application to your counselor to transfer to another appropriate housing unit

Youth have the following rights:

- The right to your clothes and personal hygiene items, such as soap, toothbrush, toothpaste, and a brush, that have been approved for youth in the BMU. However, if you don't take care of your hygiene items, these might be taken and you will not be allowed to keep these in your room.
- The right to have meals, visits, school, and exercise.
- The right to file a grievance at any time.

Student Signature: _____ Date: _____

Staff Signature: _____ Date: _____