RECEIVING AND USING YOUR SNAP BENEFITS
You will be issued an Electronic Benefits Transfer (EBT) card, along with instructions on the use of the card. Your EBT card works like a debit card and can be used to make food purchases at most grocery stores. SNAP benefits may only be used for food and for plants and seeds to grow food for your household.

REPORTING CHANGES IN YOUR CIRCUMSTANCES
If your household is eligible for SNAP benefits, you will be responsible for reporting certain household circumstances. You will be told what circumstances to report and when to report them. If you fail to report a change as required and your household receives extra SNAP benefits, you will owe the Program the value of these benefits.

YOU HAVE THE RIGHT TO:
- Receive an application the same day you ask for it.
- Have your application accepted immediately.
- Receive your benefits within 30 days after you apply if you are eligible or within 7 days, if you qualify for faster service.
- Be notified if your benefits are being reduced or terminated because of a change in your circumstances.
- Have a fair hearing if you disagree with any action taken on your case.

YOU HAVE THE RESPONSIBILITY TO:
- Answer all questions completely and honestly.
- Provide proof that you are eligible.
- Report changes in your household circumstances as required to the local office.
- Do not sell, trade, or give away your SNAP benefits or EBT card.
- Use SNAP benefits only to buy eligible items.

PEOPLE WHO BREAK PROGRAM RULES MAY BE DISQUALIFIED FROM THE PROGRAM, FINED, IMPRISONED, OR ALL THREE.

If disqualified, the first time will be for 1 year, the second time will be for 2 years, and the third time will be permanent.

Individuals determined by a court to have committed the following violations will be subject to the following penalties:

- Disqualified for 2 years for the 1st offense and permanently for 2nd offense involving the sale of illegal drugs for benefits.
- Permanently disqualified for the 1st offense involving the sale of firearms, ammunition, explosives for benefits, or trafficking in SNAP benefits of $500 or more.
- Disqualified for 10 years, if determined by a court or the State agency, that an individual has made a fraudulent statement or representation with respect to identity and residence in order to receive multiple benefits simultaneously.
- Permanent disqualification for persons convicted of a drug-related felony that occurred since 8-22-96.

In accordance with Federal law and U.S. Department of Agriculture (USDA) and U.S. Department of Health and Human Service (HHS) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. Under the Food and Nutrition Act and USDA policy, discrimination is prohibited also on the basis of religion or political beliefs.

To file a complaint of discrimination, contact USDA or HHS. Write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). Write HHS, Director, Office for Civil Rights, Room 506-F, 200 Independence Avenue, S.W., Washington, D.C. 20201 or call (202) 619-0403 (voice) or (202) 619-3257 (TTY). USDA and HHS are equal opportunity providers and employers.

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GENERAL INFORMATION

The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits that help low income households buy the food they need for good health. You may qualify for SNAP benefits if you (1) have little or no income, (2) work for low wages, (3) receive TANF, SSI or other assistance payments, (4) are elderly or disabled and live on a small income, (5) are not a fleeing felon or in violation of probation or parole, and/or, (6) have not been convicted of a drug-related felony that was committed since August 22, 1996.

The amount of SNAP benefits a household can receive is based on the U.S. Department of Agriculture's Thrifty Food Plan which is an estimate of how much it actually costs to provide your household with nutritious but inexpensive meals. The cost estimate is revised yearly to keep pace with food prices.

If your household meets the program eligibility tests, the amount of SNAP benefits you receive will depend on the number of people in your household and the amount of monthly income left after certain deductions are allowed.

HOW DO I APPLY FOR SNAP BENEFITS?

You will receive an application form on the same day you ask for one, either in person, over the phone, by mail, or someone else may get one for you.

Your local county Department of Human Services Division of Field Operations Office will accept the application on the same day you turn it in, even if an interview on that day is not possible.

You may be able to get SNAP benefits within 7 days if your household has little or no money and you verify your identity. The information on page 1 of the application determines if you qualify for faster service.

If you are applying for Temporary Assistance for Needy Families (TANF), you may apply for SNAP benefits at the same time at the county office.

If you are applying for or receiving Supplemental Security Income (SSI) benefits, you may apply for SNAP benefits at your Social Security District Office.

HAVING AN INTERVIEW WITH A WORKER

After you have turned in your application, a worker will hold a private interview with you or another member of your household. An adult friend or relative who knows your circumstances may be interviewed for you. The worker will ask you for proof of certain information you have provided.

If you are 60 years or older or disabled and you cannot find anyone to go to the county office for you, contact your local Division of Field Operations Office. A worker will arrange a telephone or home interview.

MEETING ELIGIBILITY RULES

Citizenship: U.S. citizens, and certain other qualified aliens.

Social Security Numbers: A Social Security Number (SSN) must be applied for or provided for each person for whom assistance is requested. SSNs will be verified and used for Federal and State data matches, including, but not limited to, Social Security, IRS, VA, Department of Employment Security, resource/income verifications, and Program disqualifications.

Child Support Requirements: If you are a natural or adoptive parent, or other individual who is living with and exercising parental control, over a child under 18 years of age who has an absent parent, you must cooperate with MDHS Division of Child Support Enforcement to establish paternity and obtain support for the child(ren). Also, if you are an alleged father or non-custodial parent of a child under 18 years of age who is receiving SNAP benefits, you must cooperate with MDHS Division of Child Support Enforcement to establish paternity and obtain support for the child(ren).

Other Program Rules: If you are a recipient of a Federal or State means-tested public assistance program, you must cooperate with all the rules of that program to qualify for SNAP benefits without a penalty.

Able-Bodied Adults without Dependents: An ABAWD is an able-bodied adult without dependents. ABAWD eligibility for SNAP is limited to any 3 months in a 36-month period (considered the 3-month time limit) unless the individual meets the ABAWD work requirements (defined below). The 3-month time limit does not apply to individuals who are: 1) under 18 or 50 years of age or older; 2) medically certified as physically or mentally unfit for employment; 3) responsible for a dependent child or residing in a household where a household member is under age 18; 4) exempt from SNAP work requirements; or 5) pregnant. All other SNAP participants are considered ABAWDs.

Work Rules: If you are between the ages of 16 and 60 and are physically and mentally fit for employment, you must register for work and accept an offer of suitable work.

Work Rule Penalties: You may be disqualified from participation in the SNAP if you refuse to provide information to determine employment status or job availability, quit a job voluntarily, voluntarily reduce your work hours to less than 30 hours a week, or fail to comply with Employment & Training requirements. The disqualification periods for persons failing to comply with the work rules are:

- First Violation: 2 Months and compliance
- Second Violation: 6 Months and compliance
- Third Violation: 1 Year and compliance
- Fourth Violation: Permanently

A disqualification continues until the penalty is served and compliance is met, or the individual meets an exemption from work registration requirements, whichever occurs first. If the head of household fails to comply with work rules and does not have good cause, the entire household will be disqualified for up to 6 months.

Resources: Some resources are counted and some are not. The worker will explain this to you in detail. All households may have up to $2,250 worth of countable resources. Households may have up to $3,250 if at least one member is age 60 or older and/or disabled.

Income: Under program rules, all income must be reported even though some income may be excluded. Only households with income at or below certain limits will qualify for benefits. You must provide proof of the income of all household members.

Deductions: After adding all your household's countable income, certain deductions will be subtracted. The total must fall below the current limits for your household to qualify for SNAP benefits. The following deductions are allowed for all households: (1) standard deduction, to cover basic household expenses, (2) an earned income deduction from the income you earn, (3) a deduction for the actual costs of dependent care, (4) court ordered child support payments to non-household members, and (5) a portion of higher shelter costs. There is a maximum on the amount of most expenses that may be deducted. Households with members who are disabled or age 60 or older may qualify for two extra deductions: (1) a deduction for actual medical costs over $35 a month; however, these costs are not deductible if covered by insurance, a government program, or some other source; (2) an extra deduction for high shelter costs.

Students: Some college students may be eligible to receive SNAP benefits. Able-bodied students between the ages of 18 and 50 who are enrolled in college or other institution of higher education at least half-time are eligible only if they meet certain student requirements.

Labor Strike: Households with persons who are on strike because of labor dispute are eligible to participate in the SNAP only if the household was or would have been eligible immediately prior to the strike and continues to be eligible at the time of application.

FINDING OUT WHETHER YOU QUALIFY

After your interview, you will be sent a notice of approval or denial. If you do not qualify for SNAP benefits, the notice will explain why. If you do qualify, the notice will show the monthly amount and will tell you how many months you can receive benefits before you must reapply.

If you qualify, you will receive the SNAP benefits no later than 30 days from the date the office received your application, provided all verifications necessary to process your application are received within the 30 day period. You may request a fair hearing if you do not agree with the action taken by the office.