



# HOME AND COMMUNITY-BASED SERVICES

*Home and Community-Based Services help older individuals continue to live in their homes independently while maintaining their dignity and self-worth. Services include help around the house, financial aid, and transportation options.*

## RESPITE VOUCHERS

Respite Care is the temporary care of a sick, elderly, or disabled person, providing relief for their usual caregiver. Vouchers may be used to pay an in-home care agency, an Adult Day Center, or a private individual to provide respite care. Approved family caregivers can get up to \$300 from the first voucher.

*Respite care is available for anyone who is providing unpaid care for a dependent person of any age with a significant disability or chronic illness requiring 24/7 care.*

## HOMEMAKER SERVICES

The main goal of Homemaker Services is to provide the older Mississippians an opportunity to continue living independently. Homemakers aid with daily activities and assist with other things as well.

Below is a list of just some of the services provided by the Homemakers program:

- Grocery Shopping
- Meal Preparation
- Kitchen Cleaning and Organization
- Cleaning and Organizing Bathrooms
- Vacuuming and Sweeping
- Laundry

## TRANSPORTATION

Transportation Services around Mississippi are locally organized efforts which help older adults get to medical appointments, run errands, and participate in recreational activities.

*To find out more information about receiving these services, please contact your local Area Agency on Aging (AAA) to receive assistance.*

## INFORMATION AND REFERRAL/ASSISTANCE

Through this service, older adults and their caregivers can obtain information to make informed decisions regarding long-term services and programs.

*This service also will help people locate services near them and find out if they qualify.*

## OUTREACH COORDINATORS

Outreach Coordinators seek out older adults to educate and connect them with services that may be available to them. This service, like Information and Referral/Assistance, is an essential tool for ensuring the aging population knows about available programs and services.

## FAMILY CAREGIVER SUPPORT PROGRAM

The Family Caregiver Support Program provides support to unpaid caregivers providing care in a private setting. Below is a list of some of the services provided to support these caregivers:

- Information about available services
- Assistance in gaining access to services
- Individual counseling
- Respite
- Supplemental services

## CASE MANAGEMENT

Case managers help older adults develop a care plan by identifying their needs through a comprehensive assessment.



### FIND WHAT YOU NEED

To see more information and find the program(s) that best meets your needs, please scan the QR code or visit <https://www.mdhs.ms.gov/adults-seniors/services-for-seniors/>



### SCAN HERE

To contact your local MAC Center, or visit <https://www.mississippiaccessstocare.org/help-info/about-mac-centers>